

**THIS SUNDAY
10TH JULY - 4PM
HERBIE
FULLY LOADED**



Special Club discount tickets-
\$7.50 per person
Small drink & popcorn \$3.50
Great family film -
See you there

DON'T FORGET.....

Dates to remember
(And fast approaching):-



Vote count - 20th August 2005
Dinner - 23rd September 2005

ABOUT THE CLUB

Name - Shayne Sayer
Age - 30 something
Occupation - domestic slave
Team - A Reserve
Favourite position - right half
Been playing hockey for - 16 years
Football team -
Carlton, if I have to pick a team
Most admired sports person -
husband Luke, how sweet!
Favourite Drink - stones and lemonade
Favourite Food - crayfish
Nick name - no, but looking for one, any
suggestions?

TROPHIES

Yep - It's that time of the year already
when Ally chases us all for last year's
trophies. Please return any perpetual
trophies to Allison Lamprey asap.

LADDERS

Ladders current as at 06/July/05

GNLM - 2nd
GNLW - 4th
DIV 2 MEN - 1st
A Grade Women - 2nd
DIV 3 Men - 2nd
A Reserve Women - 2nd
Under 18 - 3rd
Under 15 Red - 3rd
Under 15 White - 2nd
Under 13 Red - 2nd
Under 13 White - 1st

BITS AND PIECES

Leaving the 'dugout' after a recent
women's game a mobile phone drops to
the ground. Stacey Groves picks the
phone up and starts asking her team
mates individually if the phone belongs to
them. With no one else left to ask, she
closely inspects the phone and then
realises that the phone in fact - is hers!!!

The Div 2 men's team was 'Lamprey
stacked' last week when all male
Lampreys played in the same team,
including young Hayden.

So, we don't normally make a habit of
mentioning birthdays in this newsletter,
but to come to training on your 21st and
not tell a single soul - well frankly, its
unacceptable. Happy belated Birthday
Amanda 'AJ' Long

Out for lunch, Kylie Kenworthy was
telling Kirsten Goninon how wonderful the
space bags were that she had recently
purchased. A simple concept, where the
bag is filled then the air removed with
your vacuum cleaner making a tight seal.
"All well and good" said Kirsten - "but
where do you get the special vacuum
cleaner to suck out the air!" Hmmm -
maybe Kirsten's cleaner blows instead of
sucks?



Dave Kenworthy lines up to strike on a PC

HELPFUL UMPIRING TIPS

Respect for umpires - Coaches should
encourage players to shake hands or
thank the umpires at the end of the game
just as you would do the opposition team
members. You don't have to say well done
- just thanks for being a part of the
game

REPRESENTATIVE SIDES

What an impressive list of our club
members that have made NW and State
teams. Congratulations to you all!

North-West under 13

Hayden Lamprey, Spencer Stevens, Nick
Jones, Tayla Britton, Claire Symonds

North-West under 15

Allan Bell, Michael Symonds, Ryan Gates,
Josh Salter, Scott Gates, Edward
Gates, Rhys French, Fiona Cock, Monique
Grundy, Kendall Shotton, Anna
Wainwright

North-West under 18

Jake Archer, James Dalla, Rhys Clark,
Adam Lamprey, Jonathon Hawkins,
Melanie Gates, Kayla Amos, Katie
Hardstaff, Dayna Staveley,

State under 15 boys,

Michael Symonds

State under 15 girls,

Anna Wainwright

State under 16 boys,

Jake Archer.

State under 18 boys,

Adam Lamprey.

State under 21,

Steve Cock

RECIPE

Here it is - Mrs Symonds Cheese log roll
recipe. Secretly handed down through
generations of the Symonds family - the
pressure to release it to club members
became too much after its popularity at
the 'S' night.

Cheese Log Roll - makes 2

250g of Philadelphia cheese
1 cup tasty grated cheese
1 tomato - seeded and chopped
1 onion - finely chopped
2 gherkins - finely chopped

Mix together, spoon onto foil in log
shape.
Roll up and refrigerate.
Serve sprinkled with curry powder and
paprika